



APRIL 5, 2020
PALM SUNDAY



SAINT OLAF CATHOLIC CHURCH ■ MINNEAPOLIS, MINNESOTA ■ 612-332-7471 ■ SAINTOLAF.ORG

PALM/PASSION SUNDAY

by Fr. Kevin Kenney

Governor Walz's "Stay at Home" order goes until Friday, April 10. I listened to President Trump and the Corona Virus Task Force's News Conference yesterday. The Pandemic continues to spread and all reports show that the spike is yet to come. We are embarking upon Holy Week, the holiest week in our Catholic Church. This is unprecedented and today, Monday, I do not know what news will happen by Friday of this week. Each day we listen, we wait and we hope.

Palm/Passion Sunday usually is a time where we joyfully enter Jerusalem proclaiming, "Hosanna in the highest" to our King. A very large crowd welcomed Jesus into Jerusalem, yet when he entered, "The whole city was shaken and asked, 'Who is this?'" People responded, "This is Jesus the prophet, from Nazareth in Galilee." The liturgy continues joyfully in procession waving palms and then, we move into the reading of the Passion of Jesus Christ. From celebration to sadness, our emotions are tried.

We do not know what tomorrow nor what next week will bring. We do know that as we walk with Jesus through these challenging times, we are hopeful some days and frustrated others. Some days we have energy and other days it may be hard to get out of bed. Some homes

are filled with lots of noise and energy; others sit quiet as the four walls close in. Springtime is here, we can hear the birds chirping and soon the buds will appear on the trees. April showers bring May flowers so we do have so much to look forward to. On these nice days, open a window for a moment and breathe in fresh air. Step outside and stand or sit in the sun for a few minutes, replenishing your vitamin D. Each day we listen, we wait and we hope.

This week will be like no other Holy Week that any of us have ever experienced. Seeing Pope Francis offer a blessing to an empty St. Peter's Square unsettled me yet I know the blessing reached us all. "Be not afraid," Pope Francis kept reminding us of Jesus' words. Many of us may be alone this Holy Week but we will be ok. Jesus will journey with us on this long road ahead. We have not been abandoned nor have we abandoned Jesus. We are invited to encounter Jesus in new ways. Doing the Stations of the Cross at home allows one's devotion to open up ways of placing yourself with Jesus on this path. Which characters do you relate with this year? Do any of the players speak to you differently? Reading the Passion of Jesus from the gospels in light of what we are experiencing can give you a different perspective. Watching a video, DVD or show of the Passion of Jesus

on TV will help you enter into this week. Each day will bring us to listen, to wait and to hope.

We know what next Sunday brings, the greatest message ever heard, "Jesus Christ is Risen!" Think now how you might plan your Easter celebration. Maybe you can do an egg hunt in your own home. Hide the eggs filled with candy on Wednesday, and by Sunday, you may have forgotten where you hid them. Make sure you write down how many eggs you hid and account for them as you find them. Be creative!

Thank you to all who continue to be generous to Saint Olaf through your financial giving, your spiritual prayers and the supportive messages we have received. Know that we appreciate everyone and everything people do for us. We have tried to continue to be a presence of Jesus' saving presence in the heart of the city. We look forward to the day when we can gather again and celebrate the Eucharist together. In the meantime, tune into Channel MCN 6 for our Holy Week Liturgies, check out our website and join me for daily Mass, via the video posted each day (saintolaf.org/media). Keep praying for us as we pray for you. Until we meet again, "May God hold you in the palm of his hand," as each day we listen, we wait and we hope.



EVENTS AND OTHER INFORMATION

ADDITIONAL INFORMATION AT SAINTOLAF.ORG/EVENTS

READINGS FOR SUNDAY MASS

April 05: Mt 21:1-11; Is 50:4-7; Ps 22; Phil 2:6-11; Mt 26:14-27:66
April 12: Acts 10:34A, 37-43; Ps 118; Col 3:1-4 or 1 Cor 5:6b-8; Jn 20:1-9

We encourage all of our parishioners and guests to follow Governor Walz's **"STAY AT HOME"** mandate, currently in place through Friday, April 10, 2020. **Saint Olaf will not have any public liturgies during Holy Week and, per the Archbishop, at least through April 20.** We will be recording our Triduum Liturgies and they will be shown on MCN Cable Channel 6 as well as posted on the SaintOlaf.org/media website.

HOLY THURSDAY

Watch MCN Channel 6 at 4:00pm to view Holy Thursday Liturgy. Also available on SaintOlaf.org/media scroll down to "View this week's Mass Broadcast"

GOOD FRIDAY

Watch MCN Channel 6 at 4:00pm to view Good Friday Liturgy. Also available on SaintOlaf.org/media scroll down to "View this week's Mass Broadcast"

EASTER SUNDAY

Watch MCN Channel 6 at 8:00pm for Easter Sunday Mass, repeated Monday at 10:00am. Also available on SaintOlaf.org/media scroll down to "View this week's Mass Broadcast"

HOLY WEEK SCHEDULE

DAY OF WEEK	TIME	MAIN CHURCH	
Monday-Wednesday	7:00am-7:30am	Adoration	
Monday-Wednesday	7:30am-till line ends	Reconciliation	
Monday-Wednesday	12:00pm-12:30pm	Adoration	
Tuesday	12:30pm-till line ends	Reconciliation	
TRIDUUM SCHEDULE		OPEN	CLOSED
Holy Thursday	Private Prayer only	7:00 am	11:00 am
Good Friday	Private Prayer only	7:00 am	11:00 am
Holy Saturday	Closed to the Public		
Easter Sunday	Closed to the Public		
Easter Monday	7am-7:30 am - Adoration & private prayer 7:30am-8am - Reconciliation 12pm-12:30 - Adoration	7:00 am	1:00 pm

WATCHING SUNDAY MASS ONLINE

If you would like to watch Sunday Mass but are currently quarantined please visit the Saint Olaf website at saintolaf.org Once there scroll to the bottom of the main page. The three most recent Sunday Masses are listed. If you would like to see the bulletin and other online media, click on the word Media. This will give you a selection of items, including another link to the weekly Mass broadcast.

PLEASE WATCH THE SAINT OLAF WEBSITE FOR UPDATES

On the Coronavirus and its impact on Saint Olaf. The main page of the website has the latest information posted as we learn of any revisions or updates. Fr. Kevin's Weekday Liturgical Commentary on the daily readings is also on the main page and is a great source for prayer and reflection.

IF YOU NEED A PRAYER, FEELING DISCOURAGED, OR NEED TO SPEAK TO A PRIEST

Saint Olaf is a connected community. If you need a prayer, someone to talk to, or need to hear another voice, please give us a call, we are here for you, 612-332-7471.

GOFF FAMILY TRIDUUM TRADITIONS

BY MARGARET GOFF, PARISHIONER

Parishioner Margaret Goff was reminiscing last week as she thought about how different this year's Triduum and Easter would be than in years past. She shared her family's record from 1994 and we know you will enjoy this walk down memory lane. Thank you Margaret Goff for this treat!

In 1994 I authored a recipe book of traditional family recipes for my family. This is of particular importance to bring calm this year. Dating back to my childhood our family celebrated the Triduum - which is the three days before Easter Sunday. Each religious rite brought with it certain food and practices. I'm sure my Mom and Dad had a different way of doing things in the early 1900's but here is the Goff version for the years of raising our family of 3 children Steve, Jim, and Marsha.

After Mass on Holy Thursday we would gather for a Roast Lamb dinner. I would have a centerpiece of a sprig of real wheat, which I usually got at Bachmans, and a round loaf of bread and a glass of wine. All three being symbolic of the Last Supper.

For dinner I served a whole leg of lamb. I rubbed the skin with garlic salt and mint leaves. Add 3 chopped onions but don't add water during roasting time until the end, about 1 hour prior to serving. Roast at 325° for 4 hours, depending on size of roast. The last hour I put in fresh green beans. At the very end I added cooked spaetzles. You can buy them frozen. With that I usually had fresh fruit, a crusty bread and a simple dessert.

After services on Good Friday we would have a salmon loaf.

(FAVORITE RECIPE) - CHIPPER SALMON LOAF

- 2 cans red sockeye salmon drained and deveined
- 1/2 cup celery
- 1/2 c. chopped onion cook celery and onion in butter until tender
- 1-1/2 c finely crushed potato chips
- 2 T chopped parsley
- 1T lemon juice
- 3 eggs slightly beaten

Mix well and fill loaf pan - bake at 350° for 50 to 60 minutes or until firm. Let stand 10 minutes before removing from pan. Serve with a lemon sauce if you like.

Holy Saturday - usually Easter Eve Mass was not until the evening so this was truly the busy day for baking and egg dyeing. I would make a big batch of sloppy joes and each family would come whenever they could. Marsha and I baked the lamb molded cake and my famous fresh coconut cake. I baked the sunshine cake, bought Pillsbury fluffy white frosting mix (2 pkgs) - and the guys cracked the fresh coconut, drank the milk, cut up the meat and shredded it.

CATHOLIC SERVICES APPEAL UPDATE

As of March 27, Saint Olaf has reached 44.45% of our goal of \$76,809. We have pledges and gifts of \$34,142.50 from 127 donors. Please prayerfully consider how you can support the 20 programs and ministries of the Archdiocese of Saint Paul and Minneapolis.

ANNUAL BUDGET AS OF WEEK 38

CONTRIBUTIONS	ACTUAL	BUDGET	DIFFERENCE
Mar 16 - 22	\$14,932	\$12,690	\$2,242
YTD through Week #38	\$1,008,389	\$998,718	\$9,671