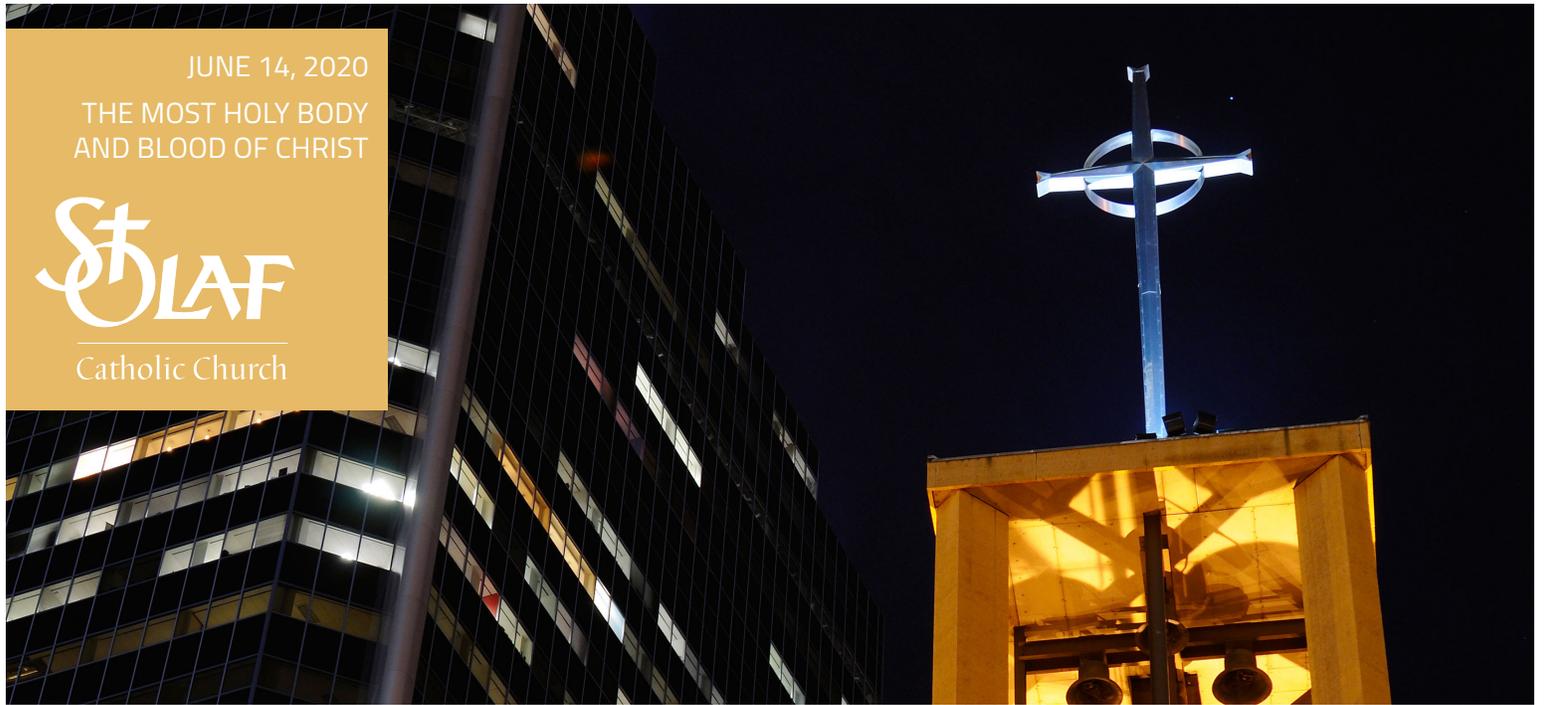


JUNE 14, 2020

THE MOST HOLY BODY
AND BLOOD OF CHRIST

St
OLAF

Catholic Church



SAINT OLAF CATHOLIC CHURCH ■ MINNEAPOLIS, MINNESOTA ■ 612-332-7471 ■ SAINTOLAF.ORG

THE BODY AND BLOOD OF CHRIST

by Virginia Stillwell

This weekend the universal Church celebrates the solemnity of the Body and Blood of Christ. Last Sunday, of course, we celebrated the Most Holy Trinity. Actually, you might say that we celebrate these mysteries at every Catholic liturgy. We always pray through the Son, to the Father, and in the Holy Spirit. The gift of the Body and Blood of Christ is the climax of every Mass. Why single them out?

My brother-in-law is a jeweler. When appraising a diamond he considers first the stone as a whole – weight, brilliance, color. Then he uses his jeweler's loupe to look into the facets of the stone for clarity and anything that is not visible to the naked eye. Our life in Christ is like a many faceted gem. Yes, it is awesome to admire the brilliance of the whole, but it is also worthwhile to take our "jeweler's loupe" and examine individual facets closely to discover the beauty that can be found within.

This is what we do on certain Sundays when our prayers and scriptures give us an in-depth look at a particular mystery. We just had an example of this on Pentecost. While the gift of the Holy Spirit pervades the scriptures

throughout the Easter season, the feast of Pentecost allows us to focus on and appreciate the mysterious way in which the Spirit breathes peace and life into the Church, animating disciples to spread the good news, each in his or her own way. Today's feast, and last Sunday's feast of the Most Holy Trinity, provide two more opportunities to explore mysteries that underlie the existence of the Church and our life in Christ.

The same Holy Spirit that Christ breathed into the Church at Pentecost also brings us into communion with the Most Holy Trinity. Through baptism we enter into the inner life and love of God. God IS love – the love that is shared by Father, Son and Holy Spirit and is poured out for the life of the world. The Church is called to reveal this divine unity and love. And each time we receive the Body and Blood of Christ we deepen our communion with the Trinity, since where Christ is, there is the Father, and the Spirit as well. The Holy Eucharist expresses and brings about our union with the whole Christ – head and members – that is the Church here and around the world, now and throughout history. These beautiful mysteries are intertwined. Together they weave a solid foundation for the Holy Communion that

is the Church of Jesus Christ.

That all sounds wonderful in an ideal world. But, in today's world, the Body and Blood of Christ tastes bittersweet. While some of us can partake of the Eucharist physically, others cannot even come to the table. While a few members of the Body of Christ can support each other face to face, others are isolated and alone. While some are safe and well-fed, others are afflicted with hunger and fear. Even so, we can all find comfort and challenge in the same word of the Lord. In today's gospel we hear Jesus say that the Eucharist is a sharing in his own flesh and blood. His eternal life courses through the veins of all who partake of the living bread. Thus, as members of the Body of Christ we become flesh and blood to one another. And the suffering of one of our sisters or brothers should cause all of us pain as well. We should be compelled to stand up for one another, to be broken and poured out for others, for they are our own flesh and blood. Today's world is far from ideal. Christ left us his Body and Blood to remind us of his sacrifice, to unite us in love, and to energize us to labor together until his promises are fully realized.



EVENTS AND OTHER INFORMATION

ADDITIONAL INFORMATION AT SAINTOLAF.ORG/EVENTS

READINGS FOR SUNDAY MASS

June 14: Dt 8:2-3, 14B-16A, Ps 147, 1 Cor 10:16-17, Jn 6:51-58
June 21: Jer 20:10-13, Ps 69, Rom 5:12-15, Mt 10:26-33

"I CAN'T BREATHE!" – BY FR. KEVIN KENNEY

With the senseless death of George Floyd, our world is speaking out to the racial injustices that have existed for quite some time. Saint Olaf has been boarded up for over a week now and hopefully the boards will come down this week. When the boards from the windows are removed, the light of day will shine again into our Church but this light will shine differently. Our world has been exposed to one of many injustices that exist. "I can't breathe" resonates with so many people in their lives for so many different reasons. Our world began to look different with COVID-19 dictating what we could and could not do. George Floyd's death took us even deeper into what our world looks like. What will emerge from all this is yet to be seen but we know we cannot go back to where we were. George Floyd's last breath opened many doors that cannot and will not be closed again. Many may want to close those doors because of fear of not knowing what to do. We feel safer when we are in control. Those doors have been opened for a reason and now it is our responsibility as people, humans, brothers and sisters to grapple with what this all means and look for a brighter tomorrow. We need to listen to the stories and enter into dialogues to understand where disparities exist in our world today. You and I are part of the answer, yet we don't know what that is yet and that's ok. As we celebrate the Body and Blood of Jesus, we know that as Catholic Christians Jesus gives us himself so we may be nourished to live for others as Jesus did. We, though many, are one body and each person brings a unique gift to the body. May we acknowledge the precious gift of life in every human being and see the good in everyone amidst the pain, struggle, regrets, and blessings. For now, we stay in the moment and walk with God each day.

FATHER'S DAY ENVIRONMENT AND FLOWERS:

Due to the pandemic this year, we will not be having a collection for the church environment in honor/memory of our fathers. We still hope to lift up our Fathers, both living and deceased, in prayer. Please send any remembrances of your fathers in to us and we will add them to our Prayer Chest and offer those prayers during the Masses on June 21. Send your prayer remembrances to: vstillwell@saintolaf.org, call the parish office at 612-332-7471, or mail them to the parish office, 215 South 8th St, Minneapolis, MN 55402.

VOLUNTEER SANITATION TEAM MEMBERS NEEDED

As we look forward and plan the reopening of Saint Olaf for Mass, we will need to sanitize the church before and after each Mass. If you would be interested in helping to sanitize in between Mass services please contact the parish office. 612-332-7471 Each team member will be thoroughly trained and all sanitation items will be provided.



THIS WEEK'S SCHEDULE

ADDITIONAL INFORMATION AT SAINTOLAF.ORG

We encourage all of our parishioners and guests to follow Governor Walz's "STAY SAFE" mandate, currently in place. Watch the website for the latest information. SaintOlaf.org

WE HAVE NOW RESUMED DAILY MASS. WEEKEND MASSES REMAIN ON HOLD FOR NOW.

Watch the website for the latest information: SaintOlaf.org

Here's what you will need to remember when we welcome you back:

- If you are sick please stay home
- Frequently wash hands
- Cover your cough
- Wear a mask
- Observe Social Distancing
- Make your visit brief

Building closes at 1:00pm Monday - Saturday until further notice.
Offices are open 9:00am - 4:00pm Monday-Thursday

DAY	TIME	MAIN CHURCH
Monday-Friday	7:00am	Mass
Monday-Friday	7:30am-till line ends	Reconciliation
Monday-Friday	12:00pm	Mass
Tuesday, Thursday	12:30pm-till line ends	Reconciliation
Saturday	12:00pm 12:30pm-till line ends	Mass Reconciliation
Sunday <i>*Weekend Masses on Hold</i>	Closed to Public	

VISIT THE SAINT OLAF WEBSITE AT SAINTOLAF.ORG

Please visit the Saint Olaf website for updates on the Coronavirus and its impact on Saint Olaf. The main page has the latest information posted as we learn of any revisions or updates.

If you would like to watch Sunday and Weekday Mass please visit the Saint Olaf website. Click on the word Media. Scroll down and click on "View This Week's Mass Broadcast". Click on the Mass broadcast you wish to view. The most recent broadcast will be shown at the top. Watch daily Mass on the Saint Olaf website in English or Spanish.

MASS INTENTIONS

Mass Intentions are still available. We continue to celebrate two Masses Monday through Friday and one on Saturday. Many Masses remain open for a Mass intention. Please call Beth Frey in the Parish Office and she will be happy to schedule a Mass Intention for you, 612-332-7471.

SAINT OLAF IS GRATEFUL FOR YOUR GIFTS SHARED

We thank you for your lovely notes and phone calls of support shared, please know that we miss you and cannot wait until we can see you again.

ANNUAL BUDGET AS OF WEEK 48

CONTRIBUTIONS	ACTUAL	BUDGET	DIFFERENCE
May 25 - 31	\$8,564	\$13,389	-\$4,825
YTD through Week #48	\$1,213,996	\$1,189,701	\$24,495

Thank you for your continued support of Saint Olaf.