

JULY 11, 2010
15TH SUNDAY IN ORDINARY TIME

***“LISTEN carefully, to the Master’s Instruction
ATTEND to them with the
EAR OF YOUR HEART!”***

St. Benedict, 480-550

by Sr. Joan Tuberty

July 11th is the Feast of St. Benedict. He is one of the few Saints who has left a palpable impact on the world and whose Rule and teachings continue to inspire us today. (*All Saints* by Robert Ellsberg) Benedict opened a school for God’s service in which he hoped nothing harsh or oppressive would ever be directed. And John Paul II hoped that every parish would become a School of Christian Prayer.

Our hope at St. Olaf is to further the development of a school of prayer with the study of scripture and the teaching of Lectio Divina passed on with Benedictine Spiritual traditions. The richness of the teachings from the Benedictine Monastic School, written down in the 6th C. are treasured and taught today. St. Benedict had extraordinary power to read and discern the souls of others and the Rule itself provides evidence of his rare insight into human nature. (Ellsberg)

I once worked with a doctor who had been well grounded in Benedictine spirituality. Shortly after I finished my studies in nursing, I was put in charge of a large operating room, for which I might add I was poorly prepared. This surgeon would send for me after beginning his surgery and ask, “Sister, what was the Gospel today?” (After the flurry of getting the operating room open and started, I rarely could remember that I had heard a Gospel.) This same doctor would frequently elaborate on the wisdom of “Ora et Labora”, Work and Pray, which also flows from the Benedictine Rule. Needless to say, I do remember these things I heard from the physician that shaped his life and care for patients. He had heard, “Listen carefully, my son, to the Master’s instruction. Attend to them with the ear of your heart.”

You will perhaps notice that more emphasis is being given to a reading of scripture called LECTIO DIVINA, Sacred Reading of Scripture, here at St. Olaf. (See the flyer and notice announcing an experimental teaching by Deacon Thom and myself during the

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St
OLAF

Catholic Church
Downtown Minneapolis

*Serving as a living sign of
Christ’s saving presence
in the heart of the city*





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OFFICE HOURS

9:00 am to 4:00 pm Monday - Friday

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Director, Worship & Sacred Music Series
Anne Susag, 612-767-6214

Director of Social Outreach

Joan Miltenberger, 612-767-6211

Director of Pastoral Care

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Director of Faith & Work Program

Carol Bishop, 612-332-7471, ext. 255

Spiritual Counselor,

Centering Prayer Group

Sr. Joan Tuberty, 612-767-6212

LISTEN carefully to the Master's Instruction... *continued*

Wednesdays of July.) Lectio originated with St. Jerome, 331-420, and was incorporated into the Rule of St. Benedict. Liturgical prayer, Sacred Reading of Scripture/Lectio Divina (4 hours) and Work were the core practices in the early Benedictine Rule. Lectio Divina as taught today is an adaptation of an earlier practice intended to deepen a person's relationship with God. It is reading of scripture, meditating and praying with the word, and then contemplating or resting with this word. It is a profoundly rewarding practice which is attested to by the saints, our spiritual ancestors from whom we inherit it.

In the Gospel for July 11th, one hears Jesus asking such important questions about how we approach what is written. He asks, "What is written and how do you read it?" Moses in the reading from Deuteronomy appeals to the people to "heed the voice of the Lord and follow the teachings in the law...with all your heart and your soul." These scriptures point us to approach the scriptures with preparation and openness and deep listening. It calls for getting our heart ready or as St. Francis said, "Incline the ear of your heart!"

How grateful we are for the Benedictine Monks and Sisters who gift us with their presence and learning here in Minnesota. They have offered us leadership in education, liturgical renewal and now the St. John's Bible, the newest hand-written illustrated Bible which is a historical treasure.



Volunteer with a New Refugee Family

This spring St. Olaf was invited to assist a new refugee family to resettle in Minneapolis through the World Relief MN resettlement program. The St. Olaf Commission on Social Justice learned about this program, the families served and how parishioners can help them to understand the local community and connect to education and employment opportunities.

We invite you to learn more at an information meeting on Sunday, July 18 following the 10:00 am Mass and Wednesday, July 14 from 6:00 – 7:30 pm, both meetings in Cowley Hall. A short video will be shown with time for your questions and comments as well as volunteer opportunities to welcome and assist the family. For more information to learn about this opportunity for hospitality and cross cultural learning through Refugee Life Ministry, contact Katie Day at 612-746-5634; KDay@wr.org or Joan Miltenberger at 612-767-6211. You may also visit ww.WorldReliefmn.org.

The DCEH Bike Program Is Up and Rolling!

Last fall, the Downtown Congregations to End Homelessness (DCEH) collected over 100 used bikes to be refurbished and given to guests of four DCEH member outreach programs, including St. Olaf Social Outreach. The mission of this program is to offer reliable bicycles to low income adult Minneapolis residents as efficient and 'green' transportation for work, job search appointments, post-secondary education and treatment programs. Each congregation identifies four guests per month to receive a bike. The new bike owners attend a basic maintenance and safety class, and receive a helmet and lock. Thank you to all who donated bikes and the volunteers who fixed the bikes! To volunteer, visit the DCEH website at www.dceh.org and click on "Volunteers" or call Benita Warns at 651-641-1037.

Do you know someone in need of a bike for transportation to work, school or ongoing appointments for mental health or CD treatment? If so, have them contact the St. Olaf Social Outreach office at 612-767-6211 or 612-332-7471.



One downtown neighbor receives a bike from St. Olaf Social Outreach for transportation to appointments and volunteering in the community. Mr. G was formerly staying in a homeless shelter, but now is in transitional housing and becoming active in the community, thanks to this affordable transportation.

Simply Stewardship . . .

The good Samaritan was also a good steward, giving his time and his treasure to meet his neighbor's need. At the end of this familiar story, Jesus urges his hearers — and us — to go and do the same!



JOIN OUR TEAM!

The needs of the St. Olaf Pastoral Care Team continue to grow for visiting and distributing Eucharist to the homebound, healthcare and hospital residents. We need you! Our parish community wants and must continue to be prepared to meet and serve these growing pastoral needs.

We will be recruiting and interviewing people throughout July, August, and September. A training program is provided which includes understanding our baptismal call, listening skills, confidentiality, mutuality, praying with others, and loss and grief.

If you are interested in this beautiful ministry and would like more information, please call Mary Brady at 612-767-6202 or mbrady@saintolaf.org.

EUCCHARISTIC ADORATION ON FRIDAYS INTENTION FOR FRIDAY, JULY 16

*For all Christians, may they be ever more aware of their calling
to be missionaries in and out of season.*

Remembering and Supporting Our Neighbors in Need

During the first week of July, volunteers and staff heard powerful stories, hope and struggles from many of our neighbors visiting St. Olaf Social Outreach. Your contributions have made a difference for each person who stepped through our door. Here are just a few examples (names changed for confidentiality):

Gary is a 48-year-old man who is currently 'living' at Our Savior's Shelter in south Minneapolis, while he is looking for more stable housing. He has end stage liver disease, diabetes and depression, and therefore has to go to many medical appointments and keep in touch with his doctor and clinics. He came to St. Olaf and received help with transportation to his medical appointments, along with referrals for future transportation assistance. Then last Friday he returned to the parish office sharing his good news that he is third on a waiting list for public housing. Something concrete to look forward to — a room and bed of his own!

Another afternoon, Cassie, an 18-year-old girl, arrived at St. Olaf from the Juvenile Detention Center. She had no place to sleep for that night, as she didn't want to return home because of drinking and violence in the household. She received some clothing and toiletries from Social Outreach, and then we began calling for available youth shelter space. After contacting four youth shelters, we drove to Youth Link where a social worker confirmed that they would find a temporary place for Cassie and help her to reconnect with her family if safe and appropriate. While Cassie had a tough exterior, her original anxiety about not having a place to go for the night gave way to relief and gratitude when we arrived at Youth Link.

Thank you for enabling St. Olaf to welcome, serve and help these individuals live more dignified lives in our communities! If you have questions about or interest in volunteering with St. Olaf Social Outreach ministry, please contact Joan Miltenberger at jmiltenberger@saintolaf.org or 612-767-6211.

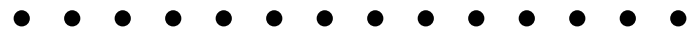


Teach Our Children Well! Welcome Catechist!

Parents, teachers, grandparents, you are invited to become a Catechist in our Good Shepherd Sacramental Program, to help prepare children, 8 years and older, to receive First Eucharist and First Reconciliation.

St. Olaf is offering an extensive training program in the Catechesis of the Good Shepherd for all interested catechists. The Catechesis of the Good Shepherd is Montessori based, with presentations, and the use of learning materials focused on Liturgy, the Word, and Sacrament. Presentation topics include parables, prophecies, geography of Israel, and seasons and feasts of the liturgical church year. The training will be led by Marjie Blevins, our Master Catechist in this program for the past four years.

Don't miss this wonderful opportunity to receive this training and teach our children how to come to God on their own. For more information, please call Mary Brady at 612-767-6202 or mbrady@saintolaf.org.



Pastoral Care Team Visits

Because of the Right to Privacy Laws, St. Olaf is not notified of parishioners who are hospitalized, homebound, or have entered a health care facility. We must hear from you, a family member, or a friend if you would like to be visited by someone on the Pastoral Care Team. Please call the St. Olaf parish office at 612-332-7471 and our receptionist will take the necessary information and pass it along to the Pastor and the Pastoral Care Team.

All Masses
Saturday, July 24
Sunday, July 25

Celebrate the patronal feast of our parish — Solemnity of St. Olaf, King and Martyr.

St. Olaf Parish Choir on Sunday, 10:00 am Mass; Contemporary Music Ensemble on Sunday, 4:00 pm Mass.

Music by the Scandinavian Music Ensemble in the Gathering Room following the Sunday 10:00 am Mass.



St. Olaf Feast Fest Weekend
offers unique opportunities for us
to celebrate the Feast of St. Olaf
July 24 & 25

Food/Bingo Fest
Saturday, July 24
5:30 - 9:30 pm
Fleming Hall

The evening is highlighted by a spaghetti and meatball dinner followed by bingo and a silent auction. \$8 per person for adults. Tickets will be sold after all weekend Masses on July 10-11 and July 17-18.

Family Fest
Sunday, July 25
Gathering Room

Join us for family fun and fellowship immediately following all Sunday Masses for live music, root beer floats and lemonade. There is no charge for this event.

We need your donations for the July 24th St. Olaf Feast Fest Silent Auction. Suggestions:

- *a product or service from your business*
- *Special gift basket you create*
- *How about preparing a dinner for 2 – 12?*
- *Art pieces*
- *Accessories, jewelry*
- *Entertainment tickets*
- *Gift certificates for salons, restaurants, lessons*

Use your imagination. Help us make the St. Olaf Feast Fest silent auction a grand success. Please bring donations to the parish office on or before July 12. For more information, contact Sally Bjorklund at 612-866-7642.

St. Olaf Feast Fest Registration

Food/Bingo Fest (Fleming Hall) ~ Saturday, July 24, 5:30 - 9:30 pm

Number of people attending:
_____ x \$8 per person

Total Amount Enclosed: \$ _____

Tickets are limited — reserve your spot today!
Drop this form and your payment in the collection basket, or mail to the parish office:
215 South 8th Street, Minneapolis MN 55402

Name _____

Address _____

City/State/Zip _____

Phone _____

Email _____

Preparing for Next Sunday's Liturgy

JULY 18
16th Sunday
in Ordinary Time

FIRST READING:
Genesis 18:1-10a

RESPONSORIAL PSALM:
Psalm 15:2-3, 3-4, 5

SECOND READING:
Colossians 1:24-28

GOSPEL:
Luke 10:38-42

DISCUSSION QUESTIONS

Jesus was the first to identify "standing by" as a ministry. Mary is "standing by" Jesus while Martha is busy with all the household tasks. Instead of following Martha's cue and chiding Mary for doing nothing, he praises her for "choosing the better part." Jesus needed Mary's "being" at least as much as Martha's doing.

1. Recount incidences when you've appreciated or been helped by loved ones standing by.

2. Describe occasions when doing something can be much less helpful than doing nothing.

3. Who or what can best benefit from the ministry of standing by?

SCRIPTURE STUDY CONTINUES

Jesus Speaks... Are You Getting the Message?

Each day you have an opportunity to read the scriptures as a source for direction in your life and your work. Scripture study is not just about the meaning of scripture, but more importantly the messages of what Jesus is speaking to you. Learn the process of reading the Bible so that it speaks to you. Jesus speaks to your specific life challenges.

Wednesdays for 25 minutes following 12:00 noon Mass:

July 14: Approaching the scripture with life questions. Luke 10:38-42

July 21: Applying the process to the Sunday scripture readings.
Luke 11:1-13

July 28: Making it a life style. Luke 12:13-21

Not only the process but the sources will be referenced during this series.

— Deacon Thom Winninger & Sr. Joan Tuberty



Volunteers Needed for "A Brush With Kindness"

St Olaf is sponsoring a Habitat for Humanity volunteer work group for Thursday, July 15 through Saturday, July 17. Work includes painting/fixing up an existing home — all skill and experience levels welcome — a great way to help those less fortunate. If you have questions, want to make a donation, or would like to volunteer, please contact Mike Nemanich (mnemanich@aol.com, 763-545-1125) or Joan Miltenberger (612-767-6211, jmiltenberger@saintolaf.org).

A BRUSH WITH KINDNESS SIGN-UP

Please choose your preferred date(s):

Thursday, July 15 Friday, July 16 Saturday, July 17

(Hours are 9:00 am to 4:30 pm. Volunteers can work one, two or all three days.)

I cannot volunteer now, but I would like to be contacted for future projects.

I would like to donate towards St. Olaf's \$3,000 pledge to Twin Cities Habitat for Humanity. Amount enclosed: \$_____.

Please make checks out to St. Olaf Catholic Church, and add "Habitat for Humanity" in the check's memo line. This donation is tax-deductible.

Name _____

Address _____

City/State/Zip _____

Phones: day _____ night _____

E-mail _____

Deliver or mail this form to: ST. OLAF CATHOLIC CHURCH Attn: Joan Miltenberger
215 South 8th St., Minneapolis, MN 55402



Fifteenth Sunday in Ordinary Time — July 11, 2010

Order of the Mass

Hymnal #153

Our celebration of the Mass lasts about one hour. Why depart early?
“So you could not keep watch with me for one hour?”
Jesus, in the Garden of Gethsemane, before he gave his life for our salvation

PRELUDE

Sat. 4pm, Sun. 8am: Prelude on hymntune

‘RESIGNATION’ by R. Haan

Sun. 10am, 12noon: *Trumpet Allemande in D* by A. Holborne

Sun. 4pm: *Shelter Me, O God* #636

OPENING

As We Gather At Your Table tune: Nettleton; text: C. Daw

Sun. 4pm: *Now the Feast and Celebration* #742

GLORIA

by C. T. Andrews #176

Sun. 4pm: from *Mass of Creation* by M. Haugen #157

Liturgy of the Word

We open our minds and hearts to the Word of God.

SCRIPTURE READING

Deuteronomy 30:10-14

Moses encouraged the people to follow the law of the Lord
with all their hearts and souls.

RESPONSORIAL PSALM

Psalms 69 by M. Guimont

Sun. 4pm: by P. Tate

Turn to the Lord in your need, and you will live.

SCRIPTURE READING

Colossians 1:15-20

Christ Jesus is the new image of God;
before anything came to be, he was.

GOSPEL ACCLAMATION

by J. Chepponis; Sun. 4pm: by N. Gouin/J. Kerr

GOSPEL

Luke 10:25-37

Jesus told the story of the good Samaritan.

HOMILY

PRAYERS OF THE FAITHFUL

Liturgy of the Eucharist

Our communion with the Lord and one another.

PREPARATION OF THE GIFTS

Help Us Accept Each Other text: F. Kaan; tune: Aurelia

Sun. 4pm: *Voices That Challenge* #721

EUCCHARISTIC PRAYER ACCLAMATIONS

Land of Rest arr. R. Proulx #300-302

Sunday 4pm: *St. Louis Jesuits Mass* by B. Dufford/D. Schutte

#297-299

The community prayer of praise, petition and thanksgiving is offered.
Christ, the Saving Victim is present in the consecrated Body and Blood.

LAMB OF GOD

by L. Trapp

Sun. 4pm by F. Goebel-Komala

COMMUNION SONG

Love One Another by J. Chepponis #630

Sun. 4pm: *Let Us Be Bread* by T. Porter #816

MEDITATION

Sun. 4pm: *Abundant Life* #710

SENDING FORTH

Make Us True Servants text: S. Wente; tune: Slane

Sun. 4pm: *We Are Called* #718

You are invited to stay to enjoy the music postlude.

POSTLUDE

Sat. 4pm, Sun. 8am: *God of Grace, and God of Glory*
by P. Manz

Sun. 10am, 12noon: *Toccata in Seven* by J. Rutter

Sun. 4pm: *Voluntary in D Major* by J. Stanley

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Catholic Church

215 South 8th Street
Minneapolis, MN 55402-2803

A New Opportunity for the Parish and You

St. Patrick's Guild is now officially closed at St. Olaf. As I wrote in an earlier article, we are assessing how we can best maximize this opportunity for the parish. Fr. Pavlik, along with both the Parish Advisory Board and the Finance Council of the parish, believe that the opportunity to operate our own store is one we should pursue now. There will be a number of challenges to meet along the way. One of them will be the staffing of our store. We are considering the possibility that we can utilize volunteers to support this new ministry. We may also consider using part paid and part volunteer staff as well. Today, I am asking that anyone interested in being a part of this new ministry get in touch with me. I expect we will operate the store on at least a 5-day basis, including Sundays, so there will be many times open for your possible involvement. If you would seriously consider volunteering your time for this ministry, please let me know. You can reach me at the parish office 612-332-7471 or email pbarrett@saintolaf.org.

— Peter M. Barrett, Parish/Business Administrator

MASS SCHEDULE

Music is part of all weekend Masses

Saturday Vigil: 4:00 pm

Sunday: 8:00 am, 10:00 am, 12:00 noon, 4:00 pm

Monday - Friday: 7:00 am, 12:00 noon, 5:15 pm

Saturday: 8:00 am, 12:00 noon

Sacrament of Penance / Confessions

Monday through Saturday: Following morning Mass

Tuesday, Thursday, Saturday: Following 12:00 noon Mass

Benediction / Adoration of the Blessed Sacrament

Fridays at 12:30 pm, chapel

(following 12:00 noon Mass in the church)

Adoration and Exposition of the Blessed Sacrament until 5 pm
5:15 pm Mass, chapel

Broadcasts

Sunday 10:00 am Mass is broadcast Sundays at 8:00 pm
on Relevant Radio, WLOL, 1330 AM.

Sunday Mass is broadcast Sundays at 8:00 pm and
Mondays at 10:00 am on MCN Cable TV Channel 6.