

A Divided Life?

by Carol Bishop, Director of Faith & Work Program

I remember a friend of mine telling me, a few years back, that besides Sunday Mass, she felt like she had about eight minutes in her week for prayer. It wasn't that she didn't care, or that she wasn't well intentioned, or that she was weak in her faith. On the contrary, I know her to be a person of strong faith and strong character. She is also a wife, mother, career woman, volunteer, adult child of aging parents, friend, neighbor.... Oh yes, and an individual person, too! (Not that she has any time for herself either.) She was at-task from the moment she got up each day until she dropped into bed each night.

Sound familiar? It's a challenge that many of us face. Yes, the "I'm so busy!" whine does get a bit tired, but it's true nonetheless. Our lives run at a fast pace these days. Even when we're not physically at work or home, we are often electronically connected to others by e-mail, remote desktop, PDAs and smart phones. It's not easy to disconnect.

Life often feels compartmentalized. We live a divided life, parceling out pieces of time and self to the various commitments we have to people and to tasks.

So, where is God in the midst of all this busyness? Where is God in the midst of *your* busyness?

As people of faith, we sincerely desire to live a spiritual life of integrity. We *want* to live each day in sync with gospel values. For many of us, however, our good intentions are challenged the moment we start our day. We feel swept away by the tide of tasks, responsibilities, commitments and unexpected events and interruptions. How can we focus on faith when there are a myriad of obligations that consume us at work and at home? We often don't even feel in control of our time. When the day is done, we may feel that the moments devoted to our spiritual life are but a tiny slice of time.

When we ask our Faith and Work Program attendees what the greatest challenge is to their own life of faith and work, the vast majority respond, "balance." But, is balance really achievable? How do we integrate faith with work and all the other commitments of life?

Faith should be a binding agent. No, not something that binds us in chains. A binding agent is a substance that makes a loose mixture stick together. Eggs often serve as a binding agent in baked goods, holding

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St. LAF

Catholic Church
Downtown Minneapolis

*Serving as a living sign of
Christ's saving presence
in the heart of the city*





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Weekly bulletin vol. 6, issue 14

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OFFICE HOURS

9:00 am to 4:00 pm Monday - Friday

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612-332-7471, ext. 275

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Rev. Mr. Thom Winninger
612-332-7471, ext. 238

Parish/Business Administrator

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*Director of Worship & Music,
Organist/Pianist*

Dr. Lynn Trapp, 612-767-6213

Assistant in Worship/Music

Director, Worship & Sacred Music Series
Anne Susag, 612-767-6214

Director of Social Outreach

Joan Miltenberger, 612-767-6211

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Mary Brady, 612-767-6202

Director of Faith & Work Program

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Spiritual Counselor,

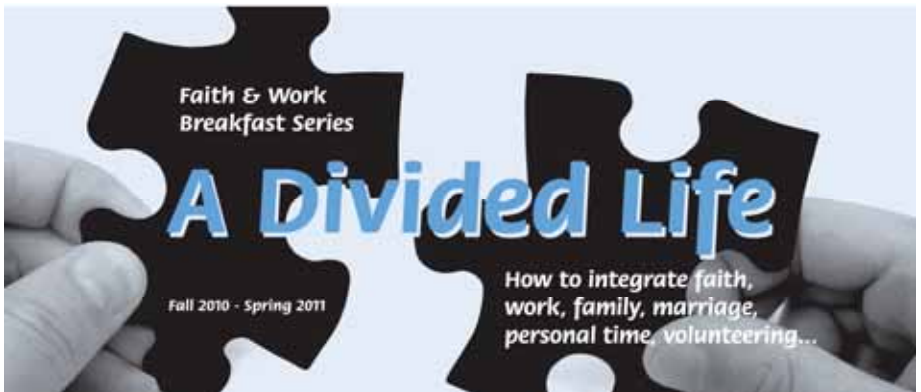
Centering Prayer Group

Sr. Joan Tuberty, 612-767-6212

A Divided Life? *continued*

all the ingredients together. Faith plays the same role in our lives, but maybe we need a good "recipe" to figure out how to make it work!

This year, St. Olaf's Faith & Work Series will examine the challenge of a divided life and identify practices and tools to help you achieve your desire for a more integrated life of faith. Our speakers will offer insights into the ways we get off track and share practical solutions for keeping faith at the center of our life. This will be a program rooted in reality! Bring your questions, frustrations and desires and join us for a series that will help you find workable ways to deepen your daily faith life.



Thursday, September 16, 2010 — MICHAEL NAUGHTON, Ph.D.
BOTH 7:00 a.m. and 12:35 p.m. (box lunch provided)
Divided Life?: A Bigger Challenge Than We May Know

Thursday, October 21, 2010 — DEACON THOMAS WINNINGER
BOTH 7:00 a.m. and 12:35 p.m. (box lunch provided)
*One Call Multiple Vocations, or Multiple Calls One Vocation?:
The Spiritual Secret to Convergence in Life and Work!*

Thursday, December 9, 2010 — KATHLEEN NORRIS
Seeking Fidelity in Everyday Life: Acedia and Beyond

Thursday, February 17, 2011 — DEBORAH SAVAGE, Ph.D.
Women's Work

Thursday, March 17, 2011 — NICOLA SANNA
*When the Rubber Meets the Road: Building a Values-Driven Culture
Day by Day*

Thursday, April 7, 2011 — FR. BILL BAER
*When Sunday Stopped Being the Lord's Day:
Did We Know What It Would Do to the Rest of Our Week?
(and to the rest of our lives?)*

**Find more information about this series and order tickets
online at: saintolaf.org/events-and-programs/faith-work-series**

LABOR DAY

Monday, September 6

10:00 am Mass in the church with music, celebrating the Blessing of Human Labor.



Hospitality in the Gathering Room follows the Mass. This is the only Mass celebrated this day at St. Olaf. The parish office will be closed.



Something to Consider . . .

For several years St. Olaf honored the requests of parishioners to pre-plan their funeral arrangements. The requests have continued and in our current files, over 100 additional parishioners have made their arrangements. The benefits of pre-planning are many; if you are interested and would like more information, please contact Gene Smith at St. Olaf, 612-332-7471 ext. 227 or gsmith@saintolaf.org.



INFORMATION MEETING

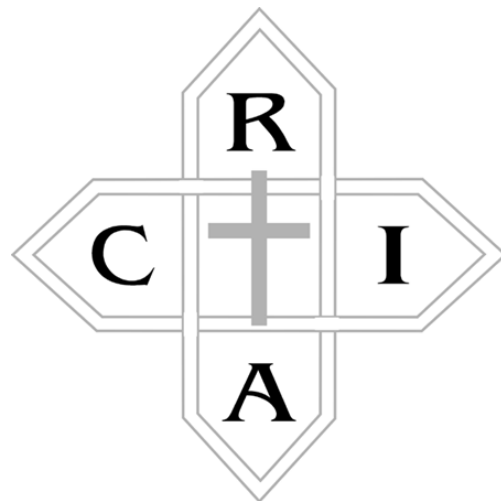
All Interested in Becoming a Catechist!

An information meeting is scheduled for Monday, August 30, at 6:00 pm in the Education Room for all interested in becoming a Catechist in the Sacramental Program assisting children 8 years and older to prepare to receive their First Eucharist and First Reconciliation.

Don't miss this wonderful opportunity to receive training and teach our children. For more information, please call Mary Brady at 612-767-6202 or mbrady@saintolaf.org.

Simply Stewardship . . .

In the Gospel today, Jesus warns us not to give in hopes of repayment, but to give open-handedly to the poor and needy. That sort of giving mirrors the bountiful giving of God, and Jesus assures us it is blessed indeed!



Becoming Catholic

The Rite of Christian Initiation of Adults (RCIA) is a seven-month process designed for adults who want to become Catholic as well as Catholics who have not yet received the Sacrament of Confirmation. The group meets on Sunday mornings following the 10:00 am Mass. Classes are open to the public as well as the RCIA candidates and their sponsors and include a one-hour discussion on topics such as the sacraments, the Bible, and the saints. If you know of anyone who may be interested in joining the Catholic faith, please let them know about our program. Brochures are available throughout the parish complex or you may call Fr. Mark Pavlik at 612-767-6201.

EUCCHARISTIC ADORATION ON FRIDAYS

INTENTION FOR FRIDAY, SEPTEMBER 3

For all those in our cities serving as educators.

Dear Friends,

I don't know how to thank you for your prayers, cards, and deeply felt expressions of concern for me during my hospitalization at Abbott-Northwestern. The "pacemaker" implanted six months ago almost cost me my life. Through the grace of God and the incredible skill of the staff at the hospital, I am well on my way to wholeness and a powerful gratitude to the Lord.

I don't think I have ever been as humbled by the prayers and the reminders that priesthood has and always will be the pride of my life and the humbling gift that goes with it. You are a wonder and the grace of God that carried me through this difficult time.

In Thanksgiving,
Fr. Gene Tiffany



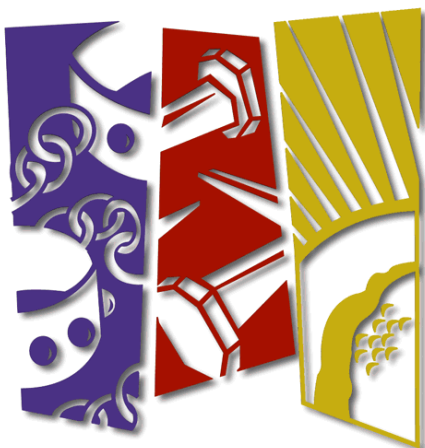
September Needs for St. Olaf Social Outreach Food and Cash for the Poor

The following items are especially needed this month:

- canned fruit including pears, peaches, applesauce, mandarin oranges
- spaghetti sauce and a variety of pastas
- canned vegetables (corn, peas, green beans, mixed vegetables)
- cereals of all types
- muffin and cornbread mixes, cake mixes and frosting for birthday bags
- baked beans, chili beans, black beans
- macaroni & cheese, Hamburger Helper, casserole fixings
- soups of all kinds
- snacks, such as pudding, granola bars, cereal bars

We are also in need of basic toiletries, especially: shampoo, toothpaste, lotion and toilet paper, dish soap and laundry detergent.

Your cash donations enable the parish to assist with small medical co-pays, lunch meat and cheese, transportation for new jobs, employment searches, medical appointments and other emergency needs not covered by other community programs. Please contact Joan Miltenberger at 612-767-6211 or the parish office if you have questions or an interest in this ministry. Thank you for your generosity!



Bible Study at St. Olaf

"That you may learn how well-founded the teaching is that you have received"
(Lk 1,4)

On August 18, Fr. Laszlo Simon began leading a four-part Bible Study on the Gospel of Luke. Please join us for the remaining two sessions, following the 12:00 noon Mass, in the Church. It is free and open to the public.

September 1: Mercy and universalism in Lk-Acts

September 8: Joy and renouncement in Lk-Acts

Bike Mechanics Needed for Downtown Congregations to End Homelessness Ministry

Transportation is one of the biggest barriers that low-income and homeless persons face. You can help provide someone with a sustainable mode of transportation by helping to repair donated bikes that will be given to guests of the DCEH outreach ministries. Contact Benita Warns at warns@pclink.com or 651-641-1037 for more information and to sign up to volunteer. If you have further questions, please call Joan Miltenberger at 612-767-6211 or jmiltenberger@saintolaf.org.



Enjoy the Convenience of Electronic Giving

St. Olaf wants to remind you that we offer electronic giving

as a way to automate your regular weekly offering. Electronic giving offers convenience for our members and much-needed donation consistency for our congregation. There are two ways to set up electronic donations. You can visit the church website at **www.SaintOlaf.org**, locate the donation link and follow the instructions or, if you wish, you can simply complete a paper authorization form and return it to the church office.

As you contemplate future contributions, please consider electronic giving. Authorization forms and additional information are available from the church office. *Thank you!*



Sofas and Spokes Drive

Saturday, September 25, 2010

9:00 am – 12:00 noon Drop Off

*Hennepin Avenue United Methodist Church,
511 Groveland Avenue, Minneapolis*

Do you have an unused bike in your garage? Are you getting rid of gently used furniture? The Downtown Congregations to End Homelessness invite you to donate your bikes and furniture for neighbors who need it! The furniture will go to the St. Vincent de Paul Thrift Store in Minneapolis to help our neighbors in need of furniture, especially those moving out of shelters and off the streets into affordable housing. The bikes will be refurbished and given to persons in need of transportation for work, school, volunteer service or CD or mental health treatment meetings. For more information, contact Julia Buege Freeman at 612-317-3413 or jfreeman@mary.org.

Archdiocesan Planning Process Update

The comments, concerns and other input of thousands of people were considered in the strategic planning decisions which will be announced in October of this year. Pastors, parish and Catholic school leaders and staff, parishioners and Catholic school families shared their input at meetings and through a voice-mail hotline, an online comment form, and letters.

The major themes of input included:

- Outreach: the need to reach out to young people, disaffected Catholics, inactive Catholics, new immigrants, and the poor.
- Transparency: a need for more openness about parish and Archdiocesan finances and improved communication at all levels.
- Responsible stewardship: the need to make better use of the gifts we are given so all are served well and within our means.
- Collaboration: fostering cooperation, communication and a shared commitment between parishes is important.
- Healthy and unhealthy competition: parishes and schools often sense we are competing with one another, and it's not always a good thing.

You can find out more about the archdiocesan planning process by visiting <http://planning.archspm.org>.



Mass for Persons with DisAbilities

The Archbishop's Annual Mass for Persons with DisAbilities is set for September 12 at 3:00 pm in St. Mary's Chapel at the St. Paul Seminary. This special Mass begins at 2:30 pm with a sing-along. Bishop Lee Piché will celebrate the Mass and confer the sacrament of confirmation. All are invited and welcome. Please call Deacon Sean and Joan Curtan at 651-291-4543 or email curtans@archspm.org for more information.



Mass of Thanksgiving and Remembrance

Please join us as we come together to publicly thank our law enforcement, fire and emergency personnel for their service to our community at the Mass of Thanksgiving and Remembrance: Saturday, September 11 at the Cathedral of Saint Paul. Mass will be celebrated at 10:00 am by Auxiliary Bishop Lee A. Piché. A short reception will follow. On this weekend, the ninth anniversary of the September 11 tragedy, let us recognize and show our appreciation for all civic servants who look after our safety. We will commemorate all those who have lost their lives in the line of duty.

Preparing for Next Sunday's Liturgy

SEPTEMBER 5
23rd Sunday
in Ordinary Time

FIRST READING:
Wisdom 9:13–18b

RESPONSORIAL PSALM:
Psalm 90:3–4, 5–6, 12–13, 14–17

SECOND READING:
Philemon 9–10, 12–17

GOSPEL:
Luke 14:25–33

DISCUSSION QUESTIONS

Today's Gospel parable centers on second thoughts. Jesus refers to a builder and a king and what might happen if they were to act without thinking. The builder might suddenly discover that he hasn't the resources necessary to complete the project, while the king's forces could be decimated if he fails to consider the possibility that the army he is facing is much larger than his own. If they do give a second thought to what they are doing, each could well be spared a disaster.

1. Name an incident when you wished you'd given something a second thought.
2. List some presumptions and assumptions in need of a second thought.
3. What are the risks of entering into a relationship with Jesus Christ?



**First Reconciliation
and First Eucharist**

Register Now!

St. Olaf will begin our home faith-based Sacramental Program with monthly classes in early September. If you have a child, 8 years or older, and would like them to prepare for First Reconciliation and First Eucharist, please let me know as soon as possible. The mandatory parent meeting is scheduled for Saturday, September 11 from 9:30 - 11:30 am in the Gathering Room. Sunday, September 12, is the first class for students from 9:30 - 10:30 am in the Education Room. You must be registered to attend: call Mary Brady 612-767-6202 or email her at mbrady@saintolaf.org.



Enrich Your Faith Through Music Ministry

Each year we welcome new music ministers to the fold. The door is always wide open! A handful of professional musicians anchor the music-making at St. Olaf with about one hundred active volunteers. Be not afraid! Come forth! Our choir members bring a wide range of talent from those who can just match pitch and are willing to grow, to those holding a degree in vocal music. There is a place for everyone interested. Private vocal instruction beyond that received in rehearsal is available at St. Olaf. Information on our groups is found on our website and in the new worship brochure beginning the first week of September, or simply call Lynn Trapp, Director of Worship/Music, 612-767-6213.

For quick reference.... The first rehearsal for the 2010-11 season of St. Olaf Parish Choir is Wednesday, September 8, 7:00 pm, with first Sunday of ministry on Sunday, September 12, 10:00 am Mass. African International Choir meets on Saturdays at 2:00 pm as scheduled to prepare for Mass on the third Sunday of each month, 12:00 noon. Contemporary Music Ensemble meets year-round on Sunday afternoons at 2:20 pm to prepare for 4:00 pm Mass that day, and several Tuesday night seasonal rehearsals prior to Christmas and Easter. (Instrumentalists as well as vocalists are welcome to Contemporary Music Ensemble.) Venite Choir rehearses/ministers according to published schedule.



Twenty-Second Sunday in Ordinary Time — August 29, 2010

Order of the Mass

Hymnal #153

Our celebration of the Mass lasts about one hour. Why depart early?
“So you could not keep watch with me for one hour?”
Jesus, in the Garden of Gethsemane, before he gave his life for our salvation

PRELUDE

Sat. 4pm, Sun. 8am: *Aria in G* by F. Peeters
Sun. 10am, 12noon: *Gloria* from *Mass for the Convents*
(*Plein jeu; Cromhorn en taille; Dialogue*) by F. Couperin
Sun. 4pm: *Come to the Water* by J. Foley #502

OPENING

Gather Us In #744
Sun. 4pm: *Gathered As One* by D. Light/P. Tate

GLORIA

by C. T. Andrews #176
Sun. 4pm: from *Mass of Creation* by M. Haugen #157

Liturgy of the Word

We open our minds and hearts to the Word of God.

SCRIPTURE READING

Sirach 3:17-18, 20, 28-29
Conduct your affairs with humility, and God will give you favor.

RESPONSORIAL PSALM

Psalms 68 by J. Gelineau
Sun. 4pm by R. Cooney #67
God, in your goodness, you have made a home for the poor.

SCRIPTURE READING

Hebrews 12:18-19, 22-24
Jesus our mediator reaches to touch us.

GOSPEL ACCLAMATION

by J. Chepponis; Sun. 4pm: by J. Angotti

GOSPEL

Luke 14:1, 7-14
The exalted shall be humbled and the humble exalted.

HOMILY

PRAYERS OF THE FAITHFUL

Liturgy of the Eucharist

Our communion with the Lord and one another.

PREPARATION OF THE GIFTS

In Christ There is a Table Set For All #749
Sun. 4pm: *Plenty Good Room* arr. R. Glover

EUCCHARISTIC PRAYER ACCLAMATIONS

Land of Rest arr. R. Proulx #300-302
Sunday 4pm: *St. Louis Jesuits Mass* by B. Dufford/D. Schutte
#297-299

The community prayer of praise, petition and thanksgiving is offered.
Christ, the Saving Victim is present in the consecrated Body and Blood.

LAMB OF GOD

by L. Trapp
Sun. 4pm by F. Goebel-Komala

COMMUNION SONG

Come and Share the Feast of the Lamb by L. Trapp
Sun. 4pm: *Now In This Banquet* by M. Haugen #833

MEDITATION

Sun. 4pm: *Simple Gifts* arr. T. Kirk

SENDING FORTH

O Christ, What Can It Mean For Us?
text: D. Dufner; tune: Kingsfold
Sun. 4pm: *City of God* by D. Schutte #678

You are invited to stay to enjoy the music postlude.

POSTLUDE

Sat. 4pm, Sun. 8am: *Prelude and Fugue in C* (BWV 531)
by J. S. Bach
Sun. 10am, 12noon, 4pm: *Gigue Fugue in G Major*
by J. S. Bach

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Catholic Church

215 South 8th Street
Minneapolis, MN 55402-2803



SAVE THE DATE!

The next SOHOP Pancake Breakfast will be held on Sunday, September 12 from 8:30 am – 1:30 pm. Watch the bulletin for information on ticket sales.

VOLUNTEERS NEEDED!

Volunteers are needed to work for the SOHOP Pancake Breakfast on September 12.

There are two shifts: 8:00 – 10:30 am and 10:30 am to 1:30 pm. Help is needed serving the food, dining room table attendants, dishwashers, food runners and beverage servers. If you can help, please call the parish office to sign up: 612-332-7471.

MASS SCHEDULE

Music is part of all weekend Masses

Saturday Vigil: 4:00 pm

Sunday: 8:00 am, 10:00 am, 12:00 noon, 4:00 pm

Monday - Friday: 7:00 am, 12:00 noon, 5:15 pm

Saturday: 8:00 am, 12:00 noon

Sacrament of Penance / Confessions

Monday through Saturday: Following morning Mass

Tuesday, Thursday, Saturday: Following 12:00 noon Mass

Benediction / Adoration of the Blessed Sacrament

Fridays at 12:30 pm, chapel

(following 12:00 noon Mass in the church)

Adoration and Exposition of the Blessed Sacrament until 5 pm
5:15 pm Mass, chapel

Broadcasts

Sunday 10:00 am Mass is broadcast Sundays at 8:00 pm
on Relevant Radio, WLOL, 1330 AM.

Sunday Mass is broadcast Sundays at 8:00 pm and
Mondays at 10:00 am on MCN Cable TV Channel 6.