

SEPTEMBER 5, 2010
23RD SUNDAY IN ORDINARY TIME

The Sacrament of Marriage

by Fr. Michael Sauber

The two sacraments of vocation, holy orders and marriage, are special in who it is who administers them – only a bishop can ordain, and only a baptized man and woman can marry (administer the Sacrament to) each other. They stand before God and the Church represented by the deacon, priest or bishop and the best man and maid/matron of honor, who witness their sacramental commitment, speaking their vows and intending the union of marriage which is taking place.

Essential to marriage and that union are several intentions the bride and groom must have in mind:

- commitment to each other for life, not only temporarily
- the intention of fidelity in marriage
- openness to life, to having children or, in a more “legalese” way, to allow the right of the spouse to have children.

These, plus an honest and mature understanding of marriage as a Sacrament of the Church, an encounter with Christ and His grace, all make up what marriage is for God’s holy people.

Marriage is many things else: an essential part of human reality, a cornerstone of the strength of family in an extended sense, a building block of society, culture, the nation and the future of all these. Sadly, so often the world in modern times does not see these essentially human and natural (even genetically programmed) things as they are. Today too many people see society as voluntarily entered and not part and parcel of human nature. In a world so concerned with the “natural” (food, environment, etc.), people so often, even with modern psychological insights, deny human nature, the natural inclination of people to live and act rightly and well.

The Church bases much of its teaching on nature, natural reality, natural law and does so knowing that God reveals Himself in His creation, including human beings as we are, as well as in the direct revelation of Scripture and Tradition.

The marriage commitment is natural, is human, and so Christ’s Church blesses it and makes it holy. When two Catholic people, two Christian people, speak their vows before the Church, this natural reality is raised to a spiritual plane with Christ present to them all their lives in this Sacrament — present with His grace, guidance, and strength to assist them in living their vowed commitment to each other as a sign of grace and life in our world.

St. OLAF

Catholic Church
Downtown Minneapolis

*Serving as a living sign of
Christ’s saving presence
in the heart of the city*





Catholic Church

*Serving as a living sign of
Christ's saving presence
in the heart of the city*

Weekly bulletin vol. 6, issue 15

215 South 8th Street
Minneapolis, MN 55402-2803
Phone: 612-332-7471
Fax: 612-332-3412
www.SaintOlaf.org

OFFICE HOURS

9:00 am to 4:00 pm Monday - Friday

Pastoral Staff

Pastor

Fr. Mark Pavlik, 612-767-6201

Associate Pastor

Fr. A. Michael Sauber
612-332-7471, ext. 275

Deacon

Rev. Mr. Thom Winninger
612-332-7471, ext. 238

Parish/Business Administrator

Peter M. Barrett, 612-767-6205

*Director of Worship & Music,
Organist/Pianist*

Dr. Lynn Trapp, 612-767-6213

Assistant in Worship/Music

Director, Worship & Sacred Music Series
Anne Susag, 612-767-6214

Director of Social Outreach

Joan Miltenberger, 612-767-6211

Director of Pastoral Care

Mary Brady, 612-767-6202

Director of Faith & Work Program

Carol Bishop, 612-332-7471, ext. 255

*Spiritual Counselor,
Centering Prayer Group*

Sr. Joan Tuberty, 612-767-6212

LABOR DAY

Monday, September 6

10:00 am Mass in the church with music,
celebrating the Blessing of Human Labor.



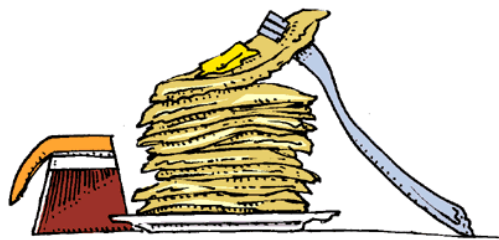
Hospitality in the Gathering Room follows the Mass.
This is the only Mass celebrated this day at St. Olaf.
The parish office will be closed.

Almighty God, you have so linked our lives one with another that all we do affects, for good or ill, all other lives: so guide us in the work we do, that we may do it not for self alone, but for the common good; and, as we seek a proper return for our own labor, make us mindful of the rightful aspirations of other workers, and arouse our concern for those who are out of work; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen

— The Book of Common Prayer

Something to Consider

For several years St. Olaf honored the requests of parishioners to pre-plan their funeral arrangements. The requests have continued and in our current files, over 100 additional parishioners have made their arrangements. The benefits of pre-planning are many; if you are interested and would like more information, contact Gene Smith at St. Olaf, 612-332-7471 ext. 227 or gsmith@SaintOlaf.org.



Pancake Breakfast

SAVE THE DATE!

The next SOHOP Pancake Breakfast will be held on Sunday, September 12 from 8:30 am – 1:30 pm. Watch the bulletin for information on ticket sales.

VOLUNTEERS NEEDED!

Volunteers are needed to work for the SOHOP Pancake Breakfast on September 12. There are two shifts: 8:00 – 10:30 am and 10:30 am to 1:30 pm. Help is needed serving the food, dining room table attendants, dishwashers, food runners and beverage servers. If you can help, please call the parish office to sign up: 612-332-7471.

Part Time Employment Opportunity at St. Olaf

We are seeking a person with enthusiasm, energy and experience in working with the poor and supporting our parish volunteer ministers. The **Assistant in Social Outreach/Volunteer Coordinator** is a 20 hour/week paid position. This ministry position calls for a commitment to our St. Olaf parish mission, a demonstrated commitment to Christian charity and justice, ability and interest in working with diverse groups of people, experience in organizing, supporting and training volunteers, and the desire and skills to work collaboratively with staff, lay leaders and volunteer ministers. For a complete ministry description and application process visit www.SaintOlaf.org and click on "Employment Opportunity" or contact Joan Miltenberger, Director of Social Outreach at 612-767-6211 or jmiltenberger@saintolaf.org.



Downtown Coalition for Grief Support

Excellent speakers, trained facilitators and a group of others who have experienced loss make these sessions a place of healing. It's possible to walk the path of grief alone, however the companionship of others who are also wounded by loss is tremendously consoling and powerfully healing.

Meetings on Saturdays from 9:45-11:30 am

Meetings are now held at
St. Mark's Episcopal Cathedral
519 Oak Grove Street, Minneapolis

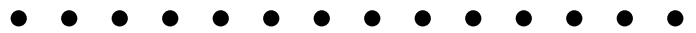
A small weekly donation is gratefully accepted.

Simply Stewardship . . .

Jesus tells the crowd that only those who renounce all of their possessions can be His disciples. Is He truly asking us to give up *everything*? Perhaps instead He is trying to help us see that everything we think we own is really a gift from God. Good stewards know that and strive to use those gifts accountably.

Mass of Thanksgiving and Remembrance

Please join us as we come together to publicly thank our law enforcement, fire and emergency personnel for their service to our community at the Mass of Thanksgiving and Remembrance: Saturday, September 11 at the Cathedral of Saint Paul. Mass will be celebrated at 10:00 am by Auxiliary Bishop Lee A. Piché. A short reception will follow. On this weekend, the ninth anniversary of the September 11 tragedy, let us recognize and show our appreciation for all civic servants who look after our safety. We will commemorate all those who have lost their lives in the line of duty.



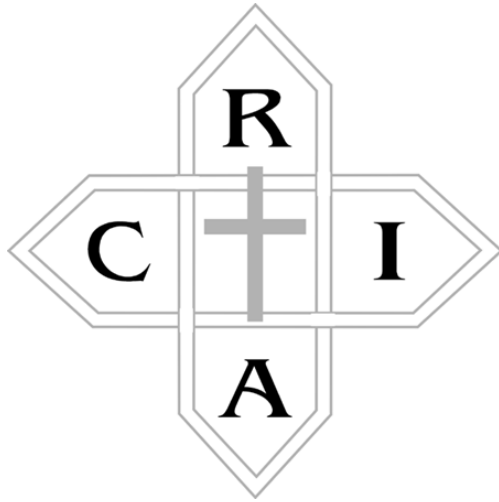
Pastoral Care Team Visits

Because of the Right to Privacy Laws, St. Olaf is not notified of parishioners who are hospitalized, homebound, or have entered a health care facility. We must hear from you, a family member, or a friend if you would like to be visited by someone on the Pastoral Care Team. Please call the St. Olaf parish office at 612-332-7471 and our receptionist will take the necessary information and pass it along to the Pastor and the Pastoral Care Team.

EUCCHARISTIC ADORATION ON FRIDAYS

INTENTION FOR FRIDAY, SEPTEMBER 10

For Catholics in the world, may they grow in mission awareness and offer missionary work support and collaboration.



Becoming Catholic

The Rite of Christian Initiation of Adults (RCIA) is a seven-month process designed for adults who want to become Catholic as well as Catholics who have not yet received the Sacrament of Confirmation. The group meets on Sunday mornings following the 10:00 am Mass. Classes are open to the public as well as the RCIA candidates and their sponsors and include a one-hour discussion on topics such as the sacraments, the Bible, and the saints. If you know of anyone who may be interested in joining the Catholic faith, please let them know about our program. Brochures are available throughout the parish complex or you may call Fr. Mark Pavlik at 612-767-6201.



Bike Mechanics Needed for Downtown Congregations to End Homelessness Ministry

Transportation is one of the biggest barriers that low-income and homeless persons face. You can help provide someone with a sustainable mode of transportation by helping to repair donated bikes that will be given to guests of the DCEH outreach ministries.

Contact Benita Warns at warns@pmlink.com or 651-641-1037 for more information and to sign up to volunteer. If you have further questions, please call Joan Miltenberger at 612-767-6211 or jmiltenberger@saintolaf.org.

A DIVIDED LIFE

FAITH & WORK SERIES

MICHAEL NAUGHTON, Ph.D.

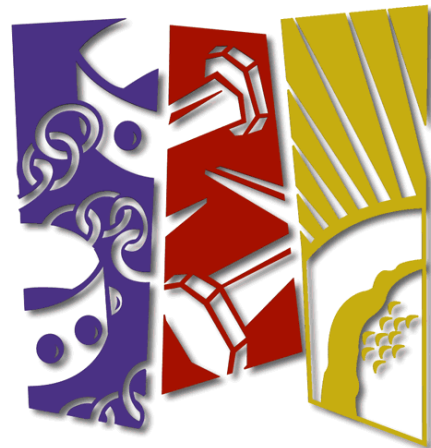
Thursday, September 16
BOTH 7:00 a.m.
(continental breakfast)
and 12:35 p.m.
(box lunch)



*“Divided Life?:
A Bigger Challenge
Than We May Know”*

Many of us long for a greater sense of balance in our life. Instead, we feel parceled out, compartmentalized and divided; squeezing out time between work, family, friends, God and all the other commitments of our life. Is balance possible, or is it merely a myth?

\$20. To register, call 612-332-7471 ext. 255 or email cbishop@SaintOlaf.org. You can also find more information and order tickets online at: saintolaf.org/events-and-programs/faith-work-series.



Bible Study at St. Olaf

“That you may learn how well-founded the teaching is that you have received” (Lk 1,4)

On August 18, Fr. Laszlo Simon began leading a four-part Bible Study on the Gospel of Luke. Please join us for the remaining session on September 8th, following the 12:00 noon Mass, in the Church. The topic for this session is *Joy and renouncement in Lk-Acts*. It is free and open to the public.

**The Permanent Deacon:
A Vocation to Be an Icon of Christ the Servant**

The Archdiocesan permanent deacon formation program will begin the discernment and application process this fall for admission to Aspirancy (novitiate) in Fall, 2011. Men married or single and at least 30 years old can begin now by: 1) applying to the prerequisite Archbishop Harry J. Flynn Catechetical Institute that begins on Monday evening, September 13 (go to www.stthomas.edu/spssod for an application or call 651-962-6890), and 2) attending our "Diaconate Inquiry Course" on Tuesday evenings October 26, November 2 & 9, and Saturday morning November 20 at the St. Paul Seminary. This course will introduce men (and their wives) to the vocation, spirituality, and role of the permanent deacon in the Archdiocese and will explain the discernment, application, and formation process. Those who cannot attend this fall may attend one of the courses offered next winter or spring. For more information on the Diaconate Inquiry Course, contact Deacon Russ Shupe at 651-291-4428 or email: shuper@archspm.org. Even if you cannot apply for diaconate formation now, you may still attend the Diaconate Inquiry Course to learn more about this unique vocation in the Church.



Sofas and Spokes Drive

***Saturday, September 25, 2010
9:00 am – 12:00 noon Drop Off
Hennepin Avenue United Methodist Church,
511 Groveland Avenue, Minneapolis***

Do you have an unused bike in your garage? Are you getting rid of gently used furniture? The Downtown Congregations to End Homelessness invite you to donate your bikes and furniture for neighbors who need it! The furniture will go to the St. Vincent de Paul Thrift Store in Minneapolis to help our neighbors in need of furniture, especially those moving out of shelters and off the streets into affordable housing. The bikes will be refurbished and given to persons in need of transportation for work, school, volunteer service or CD or mental health treatment meetings. For more information, contact Julia Buege Freeman at 612-317-3413 or jfreeman@mary.org.

**Making a House a Home:
Household Items
Needed for New
Refugee Family**



When a refugee family arrives in Minnesota, they often carry all of their possessions in just one or two bags. These possessions are all they have to start their new home. St. Olaf has formed a team to partner with World Relief Minnesota in welcoming and resettling one of these brand new families arriving in September. St. Olaf parishioners are encouraged to contribute to a Welcome Kit for this family to help make the family's new apartment a real home. A Welcome Kit contains all the basic household necessities any family needs to start a new home. The typical Welcome Kit should be large enough for a family of 4 to 8 members. Items needed include kitchen and dining, bedding, hygiene, cleaning supplies, small electronics, school supplies and baby supplies, etc.

Please visit the Welcome Kit Board near the vestibule during the next two weeks to choose an item to donate. All items must be new or in gently used condition for the family. Any excess donations will go to help families through St. Olaf Social outreach or persons moving out of downtown shelters. For further information or questions, please contact parishioner and World Relief staff person, Katie Day at 612- 612-746-5634 or e-mail kday@wr.org.



Mass for Persons with DisAbilities

The Archbishop's Annual Mass for Persons with DisAbilities is set for September 12 at 3:00 pm in St. Mary's Chapel at the St. Paul Seminary. This special Mass begins at 2:30 pm with a sing-along. Bishop Lee Piché will celebrate the Mass and confer the sacrament of confirmation. All are invited and welcome. Please call Deacon Sean and Joan Curtan at 651-291-4543 or email curtans@archspm.org for more information.

Preparing for Next Sunday's Liturgy

SEPTEMBER 12
24th Sunday
in Ordinary Time

FIRST READING:
Exodus 32:7-11, 13-14

RESPONSORIAL PSALM:
Psalm 51:3-4, 12-13, 17, 19

SECOND READING:
1 Timothy 1:12-17

GOSPEL:
Luke 15:1-32

DISCUSSION QUESTIONS

In today's Gospel, we're presented with two parables dealing with "wantings." In the first, what is wanted is a lost sheep, and in the second a lost coin. The shepherd finds his sheep and the woman finds her coin and there's great joy everywhere. In God's eyes, we're the lost coin, we're the lost sheep. God wants us and needs us even though we may feel we've abandoned and neglected God. In essence, no matter how we may feel, we're always wanted and needed by God.

1. *What subtle hints could lead someone to believe they're not needed or wanted?*

2. *How would you assure some segments of our society that they're indeed needed and wanted by God?*

3. *What other benefits follow the sense of being needed and wanted?*



First Reconciliation and First Eucharist

Register Now!

St. Olaf will begin our home faith-based Sacramental Program with monthly classes in early September. If you have a child, 8 years or older, and would like them to prepare for First Reconciliation and First Eucharist, please let me know as soon as possible. The mandatory parent meeting is scheduled for Saturday, September 11 from 9:30 - 11:30 am in the Gathering Room. Sunday, September 12, is the first class for students from 9:30 - 10:30 am in the Education Room. You must be registered to attend: call Mary Brady 612-767-6202 or email her at mbrady@saintolaf.org.



Enrich Your Faith Through Music Ministry

Each year we welcome new music ministers to the fold. The door is always wide open! A handful of professional musicians anchor the music-making at St. Olaf with about one hundred active volunteers. Be not afraid! Come forth! Our choir members bring a wide range of talent from those who can just match pitch and are willing to grow, to those holding a degree in vocal music. There is a place for everyone interested. Private vocal instruction beyond that received in rehearsal is available at St. Olaf. Information on our groups is found on our website and in the new worship brochure beginning the first week of September, or simply call Lynn Trapp, Director of Worship/Music, 612-767-6213.

For quick reference.... The first rehearsal for the 2010-11 season of St. Olaf Parish Choir is Wednesday, September 8, 7:00 pm, with first Sunday of ministry on Sunday, September 12, 10:00 am Mass. African International Choir meets on Saturdays at 2:00 pm as scheduled to prepare for Mass on the third Sunday of each month, 12:00 noon. Contemporary Music Ensemble meets year-round on Sunday afternoons at 2:20 pm to prepare for 4:00 pm Mass that day, and several Tuesday night seasonal rehearsals prior to Christmas and Easter. (Instrumentalists as well as vocalists are welcome to Contemporary Music Ensemble.) Venite Choir rehearses/ministers according to published schedule.



Twenty-Third Sunday in Ordinary Time — September 5, 2010

Order of the Mass

Hymnal #153

Our celebration of the Mass lasts about one hour. Why depart early?
"So you could not keep watch with me for one hour?"
Jesus, in the Garden of Gethsemane, before he gave his life for our salvation

PRELUDE

Sat. 4pm, Sun. 8am: *Voluntary in C* by J. Bennett
Sun. 10am, 12noon: *Concerto in G (Allegro)* by J. S. Bach
Sun. 4pm: *My Soul is Thirsting* by T. Alonso

OPENING

Called and Gathered By the Spirit
tune: Nettleton; text: H. Stuempfle
Sun. 4pm: *Lift High the Cross #791*

GLORIA

by C. T. Andrews #176
Sun. 4pm: from *Mass of Creation* by M. Haugen #157

Liturgy of the Word

We open our minds and hearts to the Word of God.

SCRIPTURE READING

Wisdom 9:13-18b
God sends wisdom and the Holy Spirit to light up the paths
of those who search for the way.

RESPONSORIAL PSALM

Psalm 90 by M. Guimont
Sun. 4pm by P. Berrell/P. Tate
In every age, O Lord, you have been our refuge.

SCRIPTURE READING

Philemon 9-10, 12-17
Paul pleaded with Philemon to receive back a slave
as a beloved partner in Christ.

GOSPEL ACCLAMATION

by J. Chepponis; Sun. 4pm: by J. Angotti

GOSPEL

Luke 14:25-33
Jesus taught his followers the hard lesson of the cross.

HOMILY

PRAYERS OF THE FAITHFUL

Liturgy of the Eucharist

Our communion with the Lord and one another.

PREPARATION OF THE GIFTS

In the Cross of Christ by M. Haugen
Sun. 4pm: *Give Me Jesus* (African American Spiritual)

EUCCHARISTIC PRAYER ACCLAMATIONS

Land of Rest arr. R. Proulx #300-302
Sunday 4pm: *St. Louis Jesuits Mass* by B. Dufford/D. Schutte
#297-299

The community prayer of praise, petition and thanksgiving is offered.
Christ, the Saving Victim is present in the consecrated Body and Blood.

LAMB OF GOD

by L. Trapp
Sun. 4pm by F. Goebel-Komala

COMMUNION SONG

Now We Remain by D. Haas #694

MEDITATION

Sun. 4pm: *Only This I Want* by D. Schutte #695

SENDING FORTH

Through the Years You Safely Guide Us
text: R. Duck; tune: Beach Spring
Sun. 4pm: *If All You Want, Lord, Is My Heart*
tune: St. Columba; text: T. Troeger

You are invited to stay to enjoy the music postlude.

POSTLUDE

Sat. 4pm, Sun. 8am: *Dialogue sur les Grands Jeux*
by Louis-Nicolas Clérambault
Sun. 10am, 12noon: *Pisgah* by D. Wood
Sun. 4pm: *Vivace* by W. Boyce

COPYRIGHT ACKNOWLEDGEMENTS

GIA Publications/Onelicense.net, Chicago, IL. All rights reserved. Used with permission.
My Soul is Thirsting by T. Alonso ©2008; *Through the Years You Safely Guide Us* text by R. Duck ©2005;
If All You Want, Lord, Is My Heart text by T. Troeger ©1987, Oxford University Press;
Called and Gathered By the Spirit text by H. Stuempfle ©1996, 1997; *In the Cross of Christ* by M. Haugen ©1997;
Gospel Acclamation by J. Chepponis ©1999; *Lamb of God* by F. Goebel-Komala ©1989, 1994, 1996.

Licensing, Portland, OR. All rights reserved. Used with permission.
St. Louis Jesuits Mass by B. Dufford/D. Schutte ©1973.
World Library Publications, Franklin Park, IL. All rights reserved. Used with permission.
Psalm 90 by P. Berrell/P. Tate ©2004; *Gospel Acclamation* by J. Angotti ©2004.



Catholic Church

215 South 8th Street
Minneapolis, MN 55402-2803



Food and Cash for the Poor Weekend

— September 4 & 5 —

**Baskets will be in the vestibule
for your contributions.**

Thank you again for your sharing and praying for those who struggle with meeting their basic needs. If you have any questions or thoughts you would like to share about the food pantry or Social Outreach, please contact Joan Miltenberger at 612-767-6211.

MASS SCHEDULE

Music is part of all weekend Masses

Saturday Vigil: 4:00 pm

Sunday: 8:00 am, 10:00 am, 12:00 noon, 4:00 pm

Monday - Friday: 7:00 am, 12:00 noon, 5:15 pm

Saturday: 8:00 am, 12:00 noon

Sacrament of Penance / Confessions

Monday through Saturday: Following morning Mass

Tuesday, Thursday, Saturday: Following 12:00 noon Mass

Benediction / Adoration of the Blessed Sacrament

Fridays at 12:30 pm, chapel

(following 12:00 noon Mass in the church)

Adoration and Exposition of the Blessed Sacrament until 5 pm
5:15 pm Mass, chapel

Broadcasts

Sunday 10:00 am Mass is broadcast Sundays at 8:00 pm
on Relevant Radio, WLOL, 1330 AM.

Sunday Mass is broadcast Sundays at 8:00 pm and
Mondays at 10:00 am on MCN Cable TV Channel 6.